

### **QUEBEC 2018 – INS QUÉBEC APPEALS TO POLITICAL PARTIES ABOUT THEIR INTENTIONS REGARDING HIGH-PERFORMANCE SPORT**

Montreal, July 25, 2018 – In anticipation of the October general election in Quebec, Institut national du sport du Québec (INS Québec) is asking Coalition Avenir Québec (CAQ), the Parti Libéral du Québec (PLQ), the Parti Québécois (PQ) and Québec Solidaire (QS) to make their intentions known regarding sport development, especially for high performance sport. INS Québec recently sent them a summary of the high-performance sport community's expectations in a document entitled, "Pour un Québec performant" ("A better performing Quebec"). The Institut took this opportunity to call for a meeting with the political parties in addition to inviting them to take turns presenting their intentions to members of the high-performance sport community.

INS Québec grouped the community's expectations into three themes: Sustainability, Accessibility and Progression. INS Québec and its network members' expectations include:

- The implementation of a four-year financial assistance agreement with the government for all of INS Québec's project components, in particular for regional multi-sport training centres.
- The expansion of "Jouez gagnant", a program that promotes sports and healthy lifestyles to meet the need in schools and expand the community.
- Funding for the development of a multidisciplinary training area at the INS Québec Complex at Olympic Park as well as for the creation of an environment of excellence for ice sports near the Maurice-Richard Arena.
- Commitments to maintain the Équipe Québec program and the Sports and Physical Activity Development Fund.
- Help in developing a mentorship program geared toward coaches of sports education programs.
- Help in creating an informational and outreach site on sports nutrition.

INS Québec would like to draw the attention of the main political parties to a sector that has always been highly valued by Quebecers and which involves a good portion of the population. In addition to the hundreds of thousands of recreational athletes, more than 20,000 athletes are directly committed to progressing to high performance sport. In addition to their immediate circle, these athletes rely on thousands of coaches and stakeholders who support them throughout their growth.

The "Pour un Québec performant" ("For a better performing Quebec") document is available at [www.insquebec.org](http://www.insquebec.org).

**About Institut national du sport du Québec | [www.insquebec.org](http://www.insquebec.org)**

Institut national du sport du Québec is a "Catalyst of dreams—one athlete at a time" and acts as a key performance partner for high-performance sports in Quebec and Canada. With its network of eight regional multi-sport training centres, 17 single-sport training centres and

its Complex at Olympic Park, which is home to eight high-performance training groups, INS Québec offers sports medicine, sports science and personal development services to athletes on Canadian national teams training in Quebec, next-generation athletes, high-performance coaches and sports. A member of the Canadian Olympic and Paralympic Sport Institute Network, INS Québec serves more than 500 high-performance athletes, 2,200 next-generation athletes and the nearly 900 coaches who train them.

INS Québec receives support from the Ministère de l'Éducation et de l'Enseignement supérieur, Sport Canada, Own the Podium, the Canadian Olympic Committee, the Canadian Olympic Foundation, the Canadian Paralympic Committee and the Coaching Association of Canada, in addition to private partners such as CISCO, Bell, Mondo, Teknion | Roy & Breton, Côté Fleury, Inaxsys, B2dix and Sports Experts.

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