



Appendix 1 - Skills self-assessment form

Please check the level that corresponds to each skill, experience or ability.

- Expert: competence, skill, experience very well mastered
- Intermediate: competence, skill, experience moderately mastered
- Basic: competence, skill, experience with minimal knowledge

Skills and experience	Expert	Intermediate	Basic	N/A
Risk management				
Crisis management				
Strategic planning				
Change management				
Legal				
Finance				
Knowledge of the government system				
Public financing				
Communication/marketing/social media				
Revenue generation including business partnerships, sponsorship and philanthropy				
Human resources management				
Governance				
Policy development				
Information Technology				
Negotiation skills				
Financial management				
The environment of top-level sport				
Sports systems, particularly in Quebec and in Canada				
Board experience				
Managing an organization				
Social responsibilities				
Skills and abilities				
Independence, ethics and integrity				
Ability to collaborate and work as part of a team				
Judgment				
Ability to understand the issues and impacts related to the Institute's activities				
Communication skills to participate in board discussions and decisions				